

CAPSULE

Volume 15, Issue 4

April / May / June / July 2011

MESSAGE FROM THE NATIONAL PRESIDENT

The Convention has come and gone and fall is upon us. If you missed the Convention, you missed a great one. Omaha did a fantastic job. Fun night with all the bling and red carpet was a blast with the Union Pacific Choir giving a stellar performance.

The 2012 Convention will be hosted by the Chicago Chapter and held in Chicago, IL. In 2013, the National Board will host the Convention in Nashville, TN, and in 2014, the Houston Chapter will host that Convention.

The National Summer Board Meeting was held on, Saturday, July 23, 2011 in Chicago at the Inn of Chicago Hotel—where the 2012 Convention will be held. A meet and greet was hosted on Friday, July 22. The selected marketing firm will make a presentation to the National Board.

It is with much sadness that I report the Sacramento Chapter turned in their charter at the end of Convention. The Chapter has so much history with years of dedicated service to the NARBW. I encourage every member to join another chapter or become a member-at-large.

We must continue to work to increase membership. We know the NARBW enriches our lives and we just need to let others know.

Sincerely,



Joyce Higgs

National President



Inside this issue...

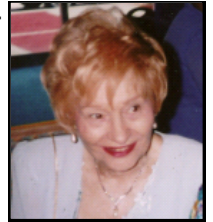
- Resume of Omaha Convention
- Membership Survey
- Omaha Convention Photo Montage
- 2011 Women of the Year

2011 Chapter Women of the Year



Diana Ham – Albany Chapter has been a member since 1990, serving as Vice President, Secretary, Welfare Chairman and many other committees. Her current duties are Chapter Secretary and Welfare Chairman. She volunteers much of her time at the food pantry and at Christmas she coordinated the adoption of needy families. She has contributed greatly to the chapter's ways and means making items to raffle off. Diana is a strong believer of safety in transportation of all forms. She belongs to another organization writing their newsletter which she won first prize for its quality of content. She worked for the Penn Central and Conrail.

Treva Milligan – Chicago Chapter has been a member since 1956 serving as Chapter President twice when the membership was nearly 1200 and has served as chairman on every committee. Treva has served on the National Board as Recording Secretary, 3rd Vice President and 2nd Vice President. She has attended nearly every convention since the early 1950's. She worked for New York Central and Chicago and Northwestern Railroad.



Addie Ruth Maiden – Houston Chapter has been a member since 1999 serving as Chairmanship for Ways and Means and previously Publications Chairman. She has hosted numerous raffles and organized several fun filled trips to the Coushatta Casino. She volunteers her time to Operation Lifesaver giving various presentations at elementary schools and manning Operation Lifesaver booths. Addie also volunteers with other organizations such as Children's Homes and Texas Honor Ride. Addie has worked for In-Terminal Services, an intermodal facility that has been contracted to BNSF RR for almost 13 years.

Connie Hunt – Indianapolis Charter Chapter is currently the Chapter President and has been since 2007 and previously the chapter Treasurer. She has been a NARBW member for 13 years. Connie has attended seven conventions and five District Conferences. She volunteers her time to assist in various fund raisers, cooks meals for families staying at the Ronald McDonald House, rings the Salvation Army bell, delivers Christmas food and gift boxes for the Carmel Fire Department and has packed USO gift boxes, etc. Connie is active in her church and also serves as Secretary for the Carmel-Clay Kiwanis Club. Connie is the wife of a railroader.



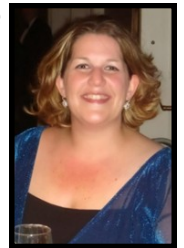
Sharon Neal – Jacksonville Chapter has been a member for 2 1/2 years and will be serving as the 2nd Vice President in the coming year. She volunteers her time to welfare projects such as Second Harvest Food Bank, the Empty Bowls Luncheon, Pace Center for Girls, City of Jacksonville Chamber of Commerce, etc. Sharon has been a lifelong member, leader and mentor for the Girl Scouts of America since 1972. She started her career at CSX Transportation in 2001 as a temp and began her permanent career in 2002 with CSX. Sharon is a Habitat for Humanity Volunteer as well as a lifelong United Way Ambassador and the list goes on. She was instrumental in forming the Southpoint Toastmasters International Club and held every officers role as well as presiding as President. Sharon's spare time finds her owning a catering business and managing a vending cart.

2011 Chapter Women of the Year



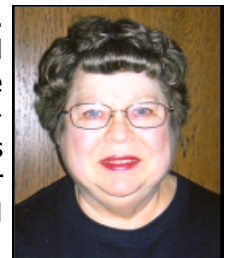
Melissa Collins – Kansas City Chapter is currently serving as Chapter President of our latest formed chapter. In 2008 members from National visited the Kansas City Southern Railroad and discussed values of the organization and Melissa was determined to re-establish a local chapter. After several Meet & Greets the Kansas City Chapter #81 was chartered in 2010 and they have been busy ever since. Melissa has been helping the group raise funds for a local charity and sorting food at Harvesters. She has been a Boy Scout Leader, PTA and volunteer at the church blood drive. She works for the Kansas City Southern Railroad and comes from a railroad family.

Krista Pohl – Philadelphia Chapter recently served as National 3rd Vice President. She has been a member of NARBW for 7 years. She has held various offices in the Philadelphia Chapter including Chapter President and also Convention Chairman when Philadelphia hosted the 2008 convention. As National Membership Chairman, Krista has made numerous efforts to recruit members for every chapter across the organization and continues with her recruitment for her chapter. She has participated in all Chapter Welfare projects and volunteers for several causes such as Parkinson's disease, Multiple Sclerosis and Celiac Disease. Krista is also a member and holds offices of other organizations. She is currently employed by Michael Baker Jr., Inc as a rail project manager. She previously worked for AMTRAK.



Virginia Austin – Roanoke Chapter has been a member of NARBW since 1980 and has held various National, District I and Chapter offices. She has given her all in each and every position held, always going above and beyond. Virginia has attended every NARABW Convention since 1983 and was Roanoke's National Convention Chairman in 2010. She is an active participant in American Cancer Society's "Relay for Life", has been involved with the Heart Fund, Cancer Fund, Veterans, Salvation Army and Rescue Mission. Virginia has volunteered at the Baptist Community Center helping elementary age children with home work and other needs. She worked for the Norfolk Southern Railway for 38 years.

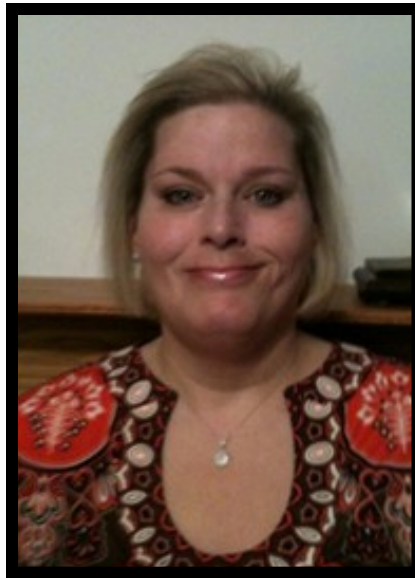
Melba Cookston – Saint Louis Chapter is currently serving as Chapter President. She has served as Vice President, Recording Secretary and Treasurer. Melba has served on almost all committees and has been a member since 1981 attending most of the NARBW Conventions since 1986. Melba volunteers her time and money in welfare projects such as Feed my People, Christmas charity raffles as well as other organizations she belongs to. She volunteers one day a month at Shaw Avenue Children's Center helping in the office. Melba goes out of her way to help other members. She worked for the Missouri Pacific and Union Pacific Railroad.



Congratulations to all of our wonderful nominees for 2011!

If you would like to nominate a fabulous fearless female in your chapter or a member-at-large for 2012 Woman of the Year, the nomination form is available on the website or from Cynthia Chandler, 1st Vice President.

2011 National Woman of the Year



Amy Schapp – Omaha Chapter. Amy has been a NARBW member for 10 years joining the Saint Louis Chapter originally. When her job transferred her to Omaha in 2004, she transferred her membership to the Omaha Chapter. She has held various positions in both chapters and is currently the Scholarship Chair and Omaha Chapter President-Elect along with being on the National Board as Convention Chairman for 2011. Amy has been active in hosting dinner meetings, fund raising, generating new ways to raise funds, volunteering at the Ronald McDonald House, Nebraska Humane Society, Youth Emergency Services, Salvation Army Bell Ringer, just to name a few. She helped plan, organize and execute an Open House to recruit new member into the Omaha Chapter and it was so successful 10 new members joined. Amy is always there ready to volunteer whether it be for some project on the job or for any needy cause. She works for Union Pacific Railroad and is currently Team Leader in the Call Center.

Congratulations, Amy!

RESUME OF THE NATIONAL CONVENTION

May 20-21, 2011

We had pomp and circumstance at the formal opening, 8 of 10 nominees for Woman of the Year were in attendance with Amy Schapp, Convention Chairman, from the Omaha Chapter winning the 2011 National Woman of the Year.

At the Presidents' Brunch, the Chapter Presidents were honored by giving a short biography of each wonderful woman with their picture shown on the big screen.

At the Business Meetings, we had 64 delegates present. The National Officers elected are: Jan Oviatt, National 2nd Vice President; Diane Huntington, National 3rd Vice President; and Ida Carmouche, National Secretary.

Our Treasurer reported approximately \$829,000 in the general fund. Fidelity Investment was engaged as our investment manager. The proposed budget for 2011-2012 was presented and approved. The Survival of the NARBW Committee has an important assignment to engage a marketing firm for the purpose of increasing our membership. The Committee will report to the Chapter Presidents and Emeritus Council in six (6) months (November) as to the progress.

The results of the three (3) revisions to the bylaws are:

- Article III, Section 5(a) regarding the deletion of per capita was *not passed*. The per capita will remain at \$10.00 per person.
- Article 4, Section 2, to be eligible for the office of a Vice President a candidate shall serve as chapter president (added) and shall have been on the National Board for at least one year... *The revision was passed*.
- Article V, Section 4 The Secretary shall keep an accurate record of all business meetings of the Association, the Board of Directors, and the Executive Committee in a permanent manner... *The revision was passed*.

We lost 12 members last year and they were remembered at the Memorial Service.

We had two great speakers. The Public Affairs speaker was Lou Ann Rinn, Associate General Counsel of Union Pacific, who spoke on the legislation in the rail industry. It was a topic that fit perfectly with our purpose. At the Banquet, Lynn Wallin Ziegenbein, Executive Director of Peter Kiewit Foundation, spoke about the importance of volunteerism and thanked us for giving our time. What an articulate speaker!!

The Membership Luncheon was great with many positive thoughts and ideas on what direction the NARBW should take.

Eight (8) scholarships were given, each in the amount of \$1,750, with two (2) winners speaking at the banquet.

Submitted by:
Joyce Higgs, President

2011 National Convention — Omaha, NE



2011 National Convention — Omaha, NE



NATIONAL ASSOCIATION OF RAILWAY BUSINESS WOMEN



Krista Lynn Pohl
National Publications Chairman
621 Lippincott Avenue
Riverton, NJ 08077

Editor's Note...

Ladies,

I apologize for the delay in you receiving this Capsule. In June, we made the decision to hold the Capsule printing and mailing until the membership survey was reviewed by the association marketing firm. This was not completed until August. In hindsight, it would be been better to publish the April / May / June Capsule in July as usual. I apologize for this delay. For those of you receiving the Capsule via US mail, a paper copy of the membership survey is included in this mailing. For those of you receiving this Capsule via e-mail, the link to the membership survey is <https://www.surveymonkey.com/s/NARBWMemberSurvey>. Please take the time to complete it! This is the first step in the National Board and NARBW being better able to serve you as a member. If you have any questions, please contact me via e-mail at KPohl5779@aol.com or phone at (856) 261-1686.

Please continue to provide me with news for the August / September issue of the Capsule as the submission deadline is September 30, 2011.

Krista